Nonconsecutive Zone Sudoku by Bill Murphy

Rules: Insert a number from 1 to 9 into each cell so that no number repeats in any row, column, or bold region. Numbers in the top left of each cage must appear in those cages. All numbers in adjacent cells must be nonconsecutive (i.e., not differ by 1).

356				289		
	189			347		
	569				128	346
127						